

Y-BOCS Severity Ratings

Yale-Brown Obsessive Compulsive Scale*

Patient _____

Date 1st Report _____

Date This Report _____

Obsession Rating Scale (circle appropriate score)

Note: Scores should reflect the composite effect of all the patient's obsessive compulsive symptoms.

Rate the average occurrence of each item during the prior week up to and including the time of interview.

Item	Range of Severity				
1. Time Spent on Obsessions	0 h/day	0-1 h/day	1-3 h/day	3-8 h/day	>8 h/day
Score	0	1	2	3	4
2. Interference From Obsessions	None	Mild	Definite but manageable	Substantial impairment	Incapacitating
Score	0	1	2	3	4
3. Distress From Obsessions	None	Little	Moderate but manageable	Severe	Near constant, disabling
Score	0	1	2	3	4
4. Resistance to Obsessions	Always resists	Much resistance	Some resistance	Often yields	Completely yields
Score	0	1	2	3	4
5. Control Over Obsessions	Complete control	Much control	Some control	Little control	No control
Score	0	1	2	3	4

Obsession subtotal (add items 1-5) _____

Compulsion Rating Scale (circle appropriate score)

Item	Range of Severity				
6. Time Spent on Compulsions	0 h/day	0-1 h/day	1-3 h/day	3-8 h/day	>8 h/day
Score	0	1	2	3	4
7. Interference From Compulsions	None	Mild	Definite but manageable	Substantial impairment	Incapacitating
Score	0	1	2	3	4
8. Distress From Compulsions	None	Mild	Moderate but manageable	Severe	Near constant, disabling
Score	0	1	2	3	4
9. Resistance to Compulsions	Always resists	Much resistance	Some resistance	Often yields	Completely yields
Score	0	1	2	3	4
10. Control Over Compulsions	Complete control	Much control	Some control	Little control	No control
Score	0	1	2	3	4

Compulsion subtotal (add items 6-10)

Y-BOCS total (add items 1-10)

Total Y-BOCS score: range of severity for patients who have both obsessions and compulsions

0-7 Subclinical 24-31 Severe
8-15 Mild 32-40 Extreme
16-23 Moderate

COMMENTS
