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## CHILD DEPRESSION INDEX

NAME \_\_\_\_\_

DATE \_\_\_\_\_

Please (✓) one answer from each item.

Item 1  
I am sad once in a while. \_\_\_\_  
I am sad many times. \_\_\_\_  
I am sad all the time. \_\_\_\_

Item 2  
Nothing will ever work out for me. \_\_\_\_  
I am not sure if things will work out for me. \_\_\_\_  
Things will work out for me O.K. \_\_\_\_

Item 3  
I do most things O.K. \_\_\_\_  
I do many things wrong. \_\_\_\_  
I do everything wrong. \_\_\_\_

Item 4  
I have fun in many things. \_\_\_\_  
I have fun in some things. \_\_\_\_  
Nothing is fun at all. \_\_\_\_

Item 5  
I am bad all the time. \_\_\_\_  
I am bad many times. \_\_\_\_  
I am bad once in a while. \_\_\_\_

Item 6  
I feel like crying every day. \_\_\_\_  
I feel like crying many days. \_\_\_\_  
I feel like crying once in a while. \_\_\_\_

Item 7  
I hate myself. \_\_\_\_  
I do not like myself. \_\_\_\_  
I like myself. \_\_\_\_

Item 8  
All bad things are my fault. \_\_\_\_  
Many bad things are my fault. \_\_\_\_  
Bad things are not usually my fault. \_\_\_\_

Item 9  
I do not think about killing myself. \_\_\_\_  
I think about killing myself but I would not do it. \_\_\_\_  
I want to kill myself. \_\_\_\_

Item 10  
I think about bad things happening to me once in a while. \_\_\_\_  
I worry that bad things will happen to me. \_\_\_\_  
I am sure that terrible things will happen to me. \_\_\_\_

Item 11  
Things bother me all the time. \_\_\_\_  
Things bother me many times. \_\_\_\_  
Things bother me once in a while. \_\_\_\_

Item 12  
I like being with people. \_\_\_\_  
I do not like being with people many times. \_\_\_\_  
I do not want to be with people at all. \_\_\_\_

Item 13

I cannot make up my mind about things. \_\_\_\_  
It is hard to make up my mind about things. \_\_\_\_  
I make up my mind about things easily. \_\_\_\_

Item 14

I look O.K. \_\_\_\_  
There are some bad things about my looks. \_\_\_\_  
I look ugly. \_\_\_\_

Item 15

I have to push myself all the times to do my schoolwork. \_\_\_\_  
I have to push myself many times to do my schoolwork. \_\_\_\_  
Doing schoolwork is not a big problem. \_\_\_\_

Item 16

I have trouble sleeping every night. \_\_\_\_  
I have trouble sleeping many nights. \_\_\_\_  
I sleep pretty well. \_\_\_\_

Item 17

I am tired once in a while. \_\_\_\_  
I am tired many days. \_\_\_\_  
I am tired all the time. \_\_\_\_

Item 18

Most days I do not feel like eating. \_\_\_\_  
Many days I do not feel like eating. \_\_\_\_  
I eat pretty well. \_\_\_\_

Item 19

I do not worry about aches and pains. \_\_\_\_  
I worry about aches and pains many times. \_\_\_\_  
I worry about aches and pains all the time. \_\_\_\_

Item 20

I do not feel alone. \_\_\_\_  
I feel alone many times. \_\_\_\_  
I feel alone all the time. \_\_\_\_

Item 21

I never have fun at school. \_\_\_\_  
I have fun at school only once in a while. \_\_\_\_  
I have fun at school many times. \_\_\_\_

Item 22

I have plenty of friends. \_\_\_\_  
I have some friends but I wish I had more. \_\_\_\_  
I do not have any friend. \_\_\_\_

Item 23

My schoolwork is alright. \_\_\_\_  
My schoolwork is not as good as before. \_\_\_\_  
I do very badly in subjects I used to be good in. \_\_\_\_

Item 24

I can never be as good as other kids. \_\_\_\_  
I can be as good as other kids if I want to. \_\_\_\_  
I am just as good as other kids. \_\_\_\_

Item 25

Nobody really loves me. \_\_\_\_  
I am not sure if anybody loves me. \_\_\_\_  
I am sure that somebody loves me. \_\_\_\_

Item 26

I usually do what I am told. \_\_\_\_  
I do not do what I am told most times. \_\_\_\_  
I never do what I am told. \_\_\_\_

Item 27

I get along with people. \_\_\_\_  
I get into fights many times. \_\_\_\_  
I get into fights all the time. \_\_\_\_